

# **O»XEDOT**

ACCESSORY GUIDE

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# NOTICES

This device is designed to comply with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Contains:

FCC ID: SH6MDBT42Q

IC ID: 8017A-MDBT42Q

*NOTE:* This equipment is designed to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

# OXEDOT

The OxeDot is a wireless control device that can load and unload the XSI system. Instead of pressing the "LOAD" button to start an exercise, use the OxeDot when the system is ready to start. Attach the OxeDot to any accessory and position it where you can easily press it throughout your exercise.

One OxeDot is included in each XSI accessory package (*Flex*, *Flow*, and *Peak*), and it connects automatically to the device. Your XSI will support up to three OxeDots at the same time. You must pair each additional OxeDot to start using it. See *CONNECTING NEW/MULTIPLE/DISCONNECTED OXEDOTS* on page 5.

# HOW IT WORKS

## CHECK TO SEE IF OPERATIONAL

While near the XSI, press the OxeDot to ensure the battery is operational. If there is no light when you press the OxeDot, see *CHANGING THE OXEDOT BATTERY* on page 6.

## CONNECTING

Once the OxeDot is confirmed to have an operational battery, it will connect automatically to the XSI when pressed. If the OxeDot does not connect automatically, wait two minutes before pressing the OxeDot again. If the OxeDot does not connect after two minutes, press the accessory again to restart the pairing process. See *CONNECTING NEW/MULTIPLE/DISCONNECTED OXEDOTS* on page 5.



FIGURE 1

## HOW TO USE

1. Press and hold the OxeDot for at least one second to start and load the exercise.
2. Press the button again to unload the exercise.

# CONNECTING NEW/MULTIPLE/ DISCONNECTED OXEDOTS

Pair new or multiple OxeDots to your XSI. You can have up to three OxeDots connected to your device at the same time.

Although the OxeDot should not disconnect after being paired, use the following steps to pair previously connected OxeDots that are no longer connected to the XSI.

1. Ensure the XSI is not in sleep mode by tapping anywhere on the touchscreen.
2. Press the OxeDot.
3. Navigate to the drop-down menu in the top right corner of the screen.
4. Select **BLUETOOTH**.
5. Allow the system to scan to find the OxeDot. If the OxeDot is not listed after one minute, close the Bluetooth settings.
6. Open the Bluetooth settings and allow it to scan again. If the OxeDot is not listed after 30 seconds, press **REFRESH**.
7. If the OxeDot continues to not list under *Devices*, select **FORGET ALL OXEDOTS**. Then, select **FORGET** to confirm.
8. Close the Bluetooth settings, then reopen the Bluetooth settings and allow the system to scan to find the OxeDot.
9. Once the OxeDot is listed under *Devices*, press **CONNECT**. The OxeDot will then be removed from the list.
10. Close the settings.
11. Allow the system two minutes to connect to the OxeDot.

## YOUR OXEDOT CODE

Verify which OxeDot is listed under *Devices* in the XSI Bluetooth settings by completing the following steps:

1. Ensure the OxeDot is upright. The chevrons in the logo should be on the left side of the X and the back clip's opening should be pointing down.
2. Open the OxeDot by twisting the front portion of the device counterclockwise.
3. Access the XSI Bluetooth settings by navigating to the drop-down menu in the top right corner of the screen and selecting **BLUETOOTH**.
4. View the code within the accessory and match it to an OxeDot listed under *Devices*. **NOTE:** If your OxeDots are not listed, select **FORGET ALL OXEDOTS**, then press the OxeDot to reconnect and view on the list.
5. Select **CONNECT** for the OxeDot(s) you want to use. Once connected, the OxeDot will then be removed from the list.
6. Close the OxeDot by connecting the front and back of the OxeDot and aligning the logo's center to the left of the top center of the device (see Figure 2) before twisting the front portion clockwise.



FIGURE 2

# CHANGING THE OXEDOT BATTERY

The OxeDot requires a CR2032 battery. If there is no light when you press the OxeDot, change the battery with the following steps:

1. Ensure the OxeDot is upright. The chevrons in the logo should be on the left side of the X and the back clip's opening should be pointing down.
2. Open the OxeDot by twisting the front portion of the device counterclockwise.
3. Using a non-metallic object, slide the battery out and replace it with the + side facing away from the circuit board. **NOTE:** If there is a small clip blocking the battery from sliding out, gently lift the clip as you remove the battery. You can fold the clip slightly inward to prevent it from blocking the battery in the future.
4. Close the OxeDot by connecting the front and back of the OxeDot and aligning the logo's center to the left of the top center of the device (see Figure 2 on page 5) before twisting the front portion clockwise.

## SUPPORT

If you are experiencing any problems with your OxeDot(s) or if you have any questions or concerns, please contact OxeFit Support.

You can email support at [support@oxefit.com](mailto:support@oxefit.com) or you can submit a request by visiting [support.oxefit.com](https://support.oxefit.com).



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